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MassBliss launches Arts and Awareness Festival at Ski Butternut

(FOR IMMEDIATE RELEASE) Great Barrington, MA, Friday, July 10th to Sunday, July 12th 2015, MassBliss will host its first Arts and Awareness Experience at Ski Butternut in Great Barrington, MA. MassBliss 2015 is an all-ages arts and awareness camping festival featuring live performances and immersive workshops in music, theater, yoga, meditation, and fitness. **All performers and talent will teach workshops.**

Affordable- Full weekend passes are \$200. Day passes are \$90 with a \$25 music upsell for evening entertainment and Evening Music passes are \$45. Tent, car, and family camping included with a full weekend pass.

Accessible- Charter buses provided by <https://www.letskedaddle.com/> for \$25 each way leaving from Brooklyn, Manhattan, and Boston.

Diverse- The MassBliss 2015 lineup includes music from artists Jon Batiste and Stay Human, Javelin, Debo Band, Brooklyn Raga Massive, Peace Poets, Lady Moon and the Eclipse, The Hogstad Brothers. Theater performances will include Bread and Puppet, One Year Lease, Nettles Artist Collective, The Movement Theater Company, Humans Collective. Yoga, meditation, Fitness teachers include, Yogaslackers, Chrissy Carter, Yoga GB, Sara Clark, Europa Baker, Mark Gerow, Elizabeth Flint, Heather Seagraves, Beulah Stevens, Erica Arcé, The Shinyo Center for Meditation and Well-Being, KadencePT, Berkshire Yoga Dance and Fitness.

MassBliss, LLC, a Massachusetts and Brooklyn-based company is dedicated to promoting mindfulness. Their mission is to inspire and nurture the joy of presence, one breath, one being, and one community at a time. "Through increased present moment awareness or mindfulness, we can live healthy, meaningful lives in harmony with our neighbors."

For information and the official schedule visit: <http://massbliss.com>. Follow MassBliss at www.facebook.com/massbliss and follow the event on twitter using: #MassBliss2015

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